

# *Sundsvalls Gymnasium*

*Sundsvall Upper Secondary School*



*Sundsvalls Gymnasium is split up into two main sections:*

- *Hedbergka*
- *Västermalm*

*The two sections are located in different parts of the city.*

*There are actually an additional two sections, named Åkersvik and Altinska. These two are, however, usually referred to as parts of Hedbergka – why they won't be brought up specifically in this presentation.*

# *Hedbergska*

*Hedbergska was built in 1886 and is located in the center of the city.*

*Hedbergska offers many different programs, but it's mostly known for its economy and music programs.*

*Third graders (last year students) take part in a competition called "The Golden Trophy".*

*Throughout the year, third grade classes compete for the honor of being the first to run down the school-entrance stairs at graduation day.*





# Västermalm

*The school of Västermalm was built in 1967. Since then the school site has expanded and today Västermalm is the single largest school in Sundsvall, with its 1200 students.*

*The school has its own cafeteria and kitchen. Students can eat for free - something which isn't a necessity for upper secondary schools in Sweden. This goes for Hedbergiska as well.*

*In addition to the cafeteria, the school has its own auditorium and library.*



*At Västermalm, the equivalent of “The Golden Trophy” is called “Vagant”.*

# *Programs to study*

*Sundsvalls Gymnasium offers a wide arrange of programs to study – in total 15 different programs. There are both theoretical and vocational streams.*

*Students can choose between for example:*

- *Social Science*
- *Economical Science*
- *Natural Science*
- *Technical Science*
- *Music*
- *Healthcare*
- *Industry*
- *Building & Construction*



# NIU

## *Nationally Authorized Sports Education*

*NIU is a unique obligation for Sundsvalls Gymnasium. In English, NIU stands for “Nationally Authorized Sports Education”.*

*NIU lets students combine their sports with their studies. By attending a NIU program, you are able to get reserved school time for practicing and exercising your sport.*

*Two of the most popular sports in NIU are soccer and floorball. NIU however offers seven more sports. It's common that people from all around the country move to Sundsvall in order to be able to take part in this special way of education.*





# *International cooperations*

*Sundsvalls Gymnasium maintains an extensive cooperation with schools in other countries. Exchange projects and traineeships are arranged throughout the school year and students are constantly in contact with people outside of Sweden.*

*The school works together with Mid Sweden University (a university located in Sundsvall) and thereby gets an expanded insight in further studies and research.*



# References

- <http://m.visitsundsvall.se/sv/sundsvalls-stenstad/23/Hedberg ska%20skolan/>
- <http://gymnasium.sundsvall.se/vastermalm/om-oss/vara-skolhus.html>
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